

Infections After Liver Transplantation: A Retrospective, Single-center Study

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ABSTRACT

Objective. To access the incidence of infectious problems after liver transplantation (LT).

Design. A retrospective, single-center study.

Materials and Methods. Patients undergoing LT from January 2008 to December 2011 were considered. Exclusion criterion was death occurring in the first 48 hours after LT. We determined the site of infection and the bacterial isolates and collected and compared recipient's variables, graft variables, surgical data, post-LT clinical data.

Results. Of the 492 patients who underwent LT and the 463 considered for this study, 190 (Group 1, 41%) developed at least 1 infection, with 298 infections detected. Of these, 189 microorganisms were isolated, 81 (51%) gram-positive bacteria (most frequently *Staphylococcus* spp). Biliary infections were more frequent (mean time of 160.4 ± 167.7 days after LT); from 3 months after LT, gram-negative bacteria were observed (57%). Patients with infections after LT presented lower aminotransferase levels, but higher requirements in blood transfusions, intraoperative vasopressors, hemodialysis, and hospital stay. Operative and cold ischemia times were similar.

Conclusion. We found a 41% incidence of all infections in a 2-year follow-up after LT. Gram-positive bacteria were more frequent isolated; however, negative bacteria were commonly isolated later. Clinical data after LT were more relevant for the development of infections. Donors' variables should be considered in future analyses.

INFECTIONOUS diseases are a common problem after solid organ transplantation, especially after liver transplant (LT) [1]. Infections cause significant morbidity and mortality, which affect graft survival [2]. The described rate is variable, with most of them being bacterial infections [3,4].

Many factors are taken into account. These include donor variables (active infection, prolonged intensive care unit [ICU] stay, and acute kidney injury); graft variables (its quality and presence of steatosis); recipient data variables (such as poor nutritional status, clinical characteristics [model for end stage liver disease, MELD, and Child-Turcotte-Pugh {CTP} scores]) [5–8]; and intraoperative data (volume of transfused blood, and ischemia-reperfusion injury [IRI]) [9]. All these patients start immunosuppression early, so more infectious complications can develop after LT.

In recent years, many improvements have taken place regarding organ allocation (especially after the introduction

of the MELD score) [10], surgical technique, antimicrobial and antifungal prophylaxis, and immunosuppression [11]. Nonetheless, the frequency of infectious events after LT did not decrease significantly [12]. Regional differences may exist; thus, the infectious events can vary from center to center as well as between countries. Data from various centers, then, help to obtain a clearer picture of this particular problem in these patients.

Our liver transplant center is a leading center in the country. In this study, the rate of all infections after LT is described, in a 2-year follow-up.

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MATERIALS AND METHODS

All patients who underwent LT from January 2008 to December 2011 were considered for enrollment. As well as patients who died intraoperatively, patients who died in the first 48 hours after LT were excluded.

Patients who undergo LT in our center receive antimicrobial prophylaxis with ceftazidime 1 g, and amoxicillin and clavulanic acid 1.2 g, both intravenously and 3 times a day; oral nystatin every 6 hours; and, for females, vaginal clotrimazole once a day. In selected patients (defined by the presence of at least 1 of the following conditions: urgent LT due to acute liver failure or acute-on-chronic liver failure; serum creatinine >2 mg/dL prior to LT or hemodialysis preceding LT; early acute kidney injury [AKI] after LT with need for renal replacement technique; retransplantation; early post-LT need for surgical reintervention [mainly due to vascular complications and bleeding]; or more than 40 U of transfused cellular blood components), prophylaxis with liposomal amphotericin B (L-AmB) was given as an intravenous administration of 100 mg daily for 14 days. The usual immunosuppressive therapy used in our center consists of prednisolone, in a dose of 3 mg/kg i.v. in the first days, decreasing 20–30 mg/day until reaching the maintenance dose of 20 mg/day; mycophenolate mophetil, 500 mg b.i.d. (according to platelet and white blood cell count); calcineurin inhibitors CNI (cyclosporine A, 8 mg/kg/day or tacrolimus, 0.1 mg/kg/day), to attain a target serum level of 350–400 ng/mL for CYA and 8–12 ng/mL for TCR. Patients with renal impairment previous to LT received basiliximab 4 mg in the first day and 4 mg in the fourth postoperative day; in these patients, CNI is introduced after 7 days. The hepatologist prescribes all the immunosuppressors.

The data collected were recipient's age; gender; operative time; cold ischemia time; pre-LT MELD and CTP scores; development of acute kidney injury (AKI) after LT (using the AKI classification); hemodynamic instability during surgery (defined as the continuous infusion of vasopressor for more than 5 minutes); maximum alanine aminotransferase (ALT) and aspartate aminotransferase (AST) levels after LT; number of RBC units transfused during surgery; ICU and hospital stay; and type of LT (deceased-donor LT or sequential LT). All infections were considered during the study period, determined by the presence of a documented site of infection and/or isolated infectious agent.

In these cases, several samples of body fluids were collected for microbiological analysis on suspicion of infection. For study purposes, they were divided as follows: biliary tract infections; respiratory infections; urinary tract infections; bloodstream infections (BSI); surgical wound infections; undetermined infections (febrile patients, in whom antibiotics were used, but without a proven site of infection or microbial isolates); opportunistic infections (caused by typically opportunistic agents, such as cytomegalovirus or *Pneumocystis jiroveci*); and fungal infections. These infections also were analyzed, to determine the mean days of detection after LT, the most common pathogens found (except for undetermined infections), and the antibiotics used, by order of frequency. A separate analysis was performed for patients presenting biliary tract infections and respiratory tract infections.

Deceased-donor liver grafts were harvested from brain-dead, heart-beating donors (the majority from other Portuguese institutions), preserved in Celsior solution and implanted in the recipient using the piggyback technique. In domino liver transplantation (DLT), the native hepatectomy in familial amyloidotic polyneuropathy (FAP) patients and the implantation of the deceased-donor graft were also done in the standard piggyback fashion, with retrohepatic vena cava preservation and without

venovenous bypass. FAP livers also were flushed with and maintained in the Celsior solution. As FAP liver grafts were harvested without the vena cava, the hepatic venous outflow of the domino grafts was reconstructed on the back table, using a vein graft from the deceased donor as previously described [13]. Following the reconstruction of the hepatic venous outflow, the portal vein, hepatic artery, and bile duct were anastomosed.

All patients undergoing LT must sign an informed consent. The present protocol for data collection was reviewed and approved by the institution's ethics board.

Continuous variables are expressed as an average and standard deviation. Categorical variables are presented as categories with percentages. For comparative analysis, parametric (Student *t* test, for numeric variables, after confirmation of the normal distribution of data by the Kolmogorov-Smirnov test) and nonparametric tests (χ^2 test or Fisher exact test, for categorical variables) were used. To establish dependence between variables, logistic regression analysis was performed (backward-LR), using variables that were significant on univariate analysis, and a goodness-of-fit test (Hosmer-Lemeshow) was used to assess the fit of the logistic regression model. A *P* value <.05 was considered statistically significant. Statistical analysis was performed using SPSS 19.0 (Statistical Package for Social Sciences Inc., Chicago, Ill., United States).

RESULTS

In the study period, 492 patients underwent LT. Of these, 29 died either during surgery or in the first 48 hours after LT and were excluded. For study purposes, a total of 463 patients were considered. From these, 190 (41%) developed at least 1 infection, and 63 developed a second or more infection during the follow-up period. Overall, 298 infections and 189 identifications of infectious agents were registered.

In Table 1 the comparative characteristics of the patients are shown, divided by those who did not present any infectious disease and those who did. We observed that in patients who developed infections the aminotransferases level was lower; nonetheless, the overall hospital stay was higher. Group 1 patients showed a higher mean AKI level, not reaching statistical significance, but renal replacement techniques were more often used. Deaths were higher in Group 1 (29 vs 18, *P* = .001), although the overall survival was not significantly different, by the end of the study period. In Group 1, 21 deaths were attributable to infectious causes, all due to sepsis and multiorgan failure. Of these, 14 presented undetermined site of infection and/or no bacterial isolates, 1 presented biliary infection, 1 intra-abdominal infection, 2 BSI, and 1 surgical wound infection. Two other patients presented irreversible respiratory failure due to *P.s jiroveci* infection. There were similar graft losses (3 in Group 1, 4 in Group 2) and retransplantation (2 in each group). The mean time from LT to death was 190 ± 377 days in group 1 (10 occurred in the first 3 months), and 164 ± 209 in Group 2 (7 occurred in the first 3 months).

In Table 2, the incidence of infections is shown, divided by location, time after LT, and isolated agents. Overall, 189 microorganisms were isolated, separated by the Gram strain, and major species of microorganisms. We note that

Table 1. Patients Characteristics, Separated by the Presence of Infectious Diseases

Parameter	Patients With Infection (n = 190)	Patients Without Infection (n = 273)	P
Age (years, mean and SD)	47.3 ± 12.6	46.5 ± 12.6	
Main pathologies (n and %)			
Acute liver failure	6 (3.4%)	16 (5.5%)	
Compensated cirrhosis	126 (72.5%)	215 (74.5%)	
FAP	42 (24.1%)	58 (20%)	
Deceased-donor recipients (n and %)	110 (63.2%)	161 (55.7%)	
MELD score (mean and SD)	14.4 ± 4.2	13.4 ± 4	
CTP score (mean and SD)	6.6 ± 2.3	6.5 ± 2.2	
Operative time (minutes, mean and SD)	325 ± 63	321 ± 60	
Cold ischemia time (minutes, mean and SD)	387 ± 68	371 ± 63	
Maximum ALT (IU, mean and SD)	1287 ± 1150	1652 ± 1838	.033
Maximum AST (IU, mean and SD)	1948 ± 1973	2593 ± 3572	.025
Intraoperative hemodynamic instability (n and %)	72 (41.3%)	75 (25.9%)	.001
RBC (units, mean and SD)	4.9 ± 4.5	3.8 ± 4.2	
Mean AKI score (mean and SD)	1.1 ± 1	0.84 ± 1.1	
Hemodialysis (n and %)	7 (4%)	8 (2.7%)	.001
ICU stay (days, mean and SD)	5.25 ± 4.1	5.9 ± 7.2	
Hospital stay (days, mean and SD)	23.7 ± 12.	19.3 ± 9.4	.006
Deceased (at 2 years)	29 (15.2%)	18 (6.5%)	.001
Mean survival after LT (at 31st December 2012; days, mean and SD)	913 ± 584	1023 ± 426	ns

Abbreviations: SD, standard deviation; FAP, familial amyloidotic polyneuropathy; MELD, Model for End-stage Liver Disease; CTP, Child-Turcotte-Pugh; ALT, alanine aminotransferase; AST, aspartate aminotransferase; IU, international units; RBC, red blood cell; AKI, acute kidney injury; ICU, intensive care unit.

Staphylococcus aureus spp were more frequently and earlier isolated. As shown in Table 3, of the bacterial agents, gram-positive agents were more frequent in the first 90 days after LT, whereas gram-negative agents were more frequent thereafter.

Regarding patients with biliary tract infection, it was not found to be a significant difference, apart from a longer hospital stay (28.3 ± 13 vs 20.5 ± 10.5 ; $P = .011$) and lower AST level (1740 ± 1534 vs 2401 ± 3181 ; $P = .05$). The group of patients with respiratory tract infection were older (51.4 ± 11.1 vs 46.5 ± 12.6 ; $P = .026$) and stayed longer in the hospital (28.6 ± 9.2 vs 20.9 ± 11 ; $P = .023$).

By logistic regression analysis, no individual parameter was found to be independently related to the considered dependent variables: occurrence of infection, occurrence of biliary tract infection, or occurrence of respiratory tract infection.

DISCUSSION

This study, performed in a single LT center, revealed a 41% prevalence of infection in a 2-year follow-up. The most frequent were biliary tract infections, with a mean time of occurrence of 160.4 ± 167.7 days after transplant. The most frequently isolated were gram-positive bacteria, although gram-negative bacteria prevailed in urinary tract infections and were more frequently isolated after the first 90 days after LT. These data are in general accordance with that described in the literature, although other authors describe a higher incidence of infections. Piselli et al. [14] described a rate of 56.3% and Souza et al. [15] reported a rate of 55.3%,

whereas Vera et al. [16] reported an incidence of 55.3%. In another period, after 1 year post LT, Aberjet et al. [17] described an incidence of 31% of infections. Note that these studies were conducted in different countries and continents and represented different periods after LT. So, local conditions are critical to the pattern of infectious diseases in this group of patients, and this knowledge is valuable in treating them at a particular LT center. Gram-positive bacteria are also described as the main bacterial isolates found in these patients, particularly *Staphylococcus* spp. Also, some authors noticed a shift toward higher rate of gram-negative isolates. However, we found that these were more frequent later after LT.

A relatively high number of patients presented infectious problems without an identifiable point of infection or bacterial isolate. By the time of occurrence, they were very close to BSI, so we may surmise that most of these cases are BSI, although not detected by microbiological analyses [18,19].

Aminotransferase levels after LT depend on graft quality (one of the donor's related variables), harvesting, and cold ischemia time, as well as on intraoperative data, such as operative time, blood transfusion requirement (hemorrhage), and need for vasopressors (the hallmark of hemodynamic instability). These were described by Howard et al. as preservation injury [20]. We observed that aminotransferase were higher in the group that did not develop any infection, and only the need for vasopressors was higher in Group 1. This was true even for biliary tract infection. We analyzed these cases separately, assuming that there could be a link between preservation injuries, ischemia-associated

Table 2. Infections Distributed by Infection Site and Time After LT

Infection Site	First 90 Days After LT	From 90 Days After LT	Total
Infectious Agent			
Biliary tract	28	26	54
Gram negative	15	15	30
<i>Acinetobacter baumannii</i>	4	3	7
<i>Escherichia coli</i>	2	3	5
<i>Pseudomonas aeruginosa</i>	1	3	4
<i>Klebsiella pneumoniae</i>	2	1	3
<i>Enterobacter cloacae</i>	2	1	3
Other	3	4	7
Gram positive	15	11	26
<i>Enterococcus faecium</i>	9	6	15
Methicillin-resistant <i>Staph. aureus</i>	3	0	3
<i>Enterococcus faecalis</i>	2	1	3
Methicillin-sensitive <i>Staph. aureus</i>	0	3	3
Other	1	1	2
Intra-abdominal	6	2	8
Gram negative	3	1	4
<i>Pseudomonas aeruginosa</i>	2	0	2
<i>Enterobacter cloacae</i>	1	0	1
<i>Citrobacter freundii</i>	0	1	1
Gram positive	3	1	4
<i>Enterococcus faecium</i>	2	1	3
<i>Clostridium difficile</i>	1	0	1
Operative wound	13	0	13
Gram negative	2	0	2
<i>Serratia marcescens</i>	1	0	1
<i>Proteus mirabilis</i>	1	0	1
Gram positive	11	0	11
Methicillin-resistant <i>Staph. aureus</i>	8	0	8
Methicillin-sensitive <i>Staph. aureus</i>	3	0	3
Urinary tract	21	18	39
Gram negative	15	17	32
<i>Escherichia coli</i>	9	12	21
<i>Klebsiella pneumoniae</i>	5	4	9
<i>Pseudomonas aeruginosa</i>	1	0	1
<i>Enterobacter cloacae</i>	0	1	1
Gram positive	6	1	7
<i>Enterococcus faecium</i>	4	0	4
<i>Enterococcus faecalis</i>	2	1	3
Respiratory	8	9	17
H1N1	0	1	1
Gram negative	3	3	6
<i>Acinetobacter baumannii</i>	1	1	2
<i>Klebsiella pneumoniae</i>	1	0	1
<i>Streptococcus pyogenes</i>	1	0	1
<i>Haemophilus influenzae</i>	0	1	1
<i>Pseudomonas aeruginosa</i>	0	1	1
Gram positive	5	5	10
Methicillin-resistant <i>Staph. aureus</i>	4	4	8
Vancomycin-resistant enterococci	1	0	1
Methicillin-sensitive <i>Staph. aureus</i>	0	1	1
Bloodstream	17	4	21
Gram negative	3	1	4
<i>Acinetobacter baumannii</i>	2	0	2
<i>Pseudomonas aeruginosa</i>	1	0	1
<i>Stenotrophomonas maltophilia</i>	0	1	1

Table 2. (continued)

Infection Site	First 90 Days After LT	From 90 Days After LT	Total
Infectious Agent			
Gram positive	14	3	17
Methicillin-resistant <i>Staph. aureus</i>	9	3	12
<i>Enterococcus faecalis</i>	2	0	2
<i>Staphylococcus epidermidis</i>	2	0	2
<i>Enterococcus faecium</i>	1	0	1
Opportunistic	4	10	14
CMV	4	3	7
<i>Pneumocystis jirovecii</i>	0	4	4
Varicella	0	3	3
Other	0	7	17
Gram positive	0	7	17
Methicillin-resistant <i>Staph. aureus</i>	0	4	4
Methicillin-sensitive <i>Staph. aureus</i>	0	3	3
Fungal Infection	5	0	5
<i>Candida</i>	5	0	5
TOTAL	103	76	189

biliary disease after LT, and infection in this location. Even baseline patients' characteristics do not explain this fact, since patients with acute liver failure and FAP patients were similar in each group. One can conclude that graft-related factors and probably donor-related factors can contribute to the development of infections after LT. We could not find any comparative data in the literature.

Recipient characteristics also did not influence the occurrence of infections. The clinical data (MELD and CTP score) and all baseline characteristics were similar in both groups. Some data in the literature describe higher incidence of infections in patients with higher MELD scores; perhaps in these patients, often with acute or acute-on-chronic disease, bacteriological surveillance is higher and they could receive more antimicrobial prophylaxis or more aggressive therapy; frequently they undergo LT with ongoing antibiotic treatment. There are conflicting reports on the altered infection patterns after introduction of MELD score. This study was not designed to answer this question, but the main issue is that patient characteristics did not interfere with the occurrence of infections.

Regarding surgical data, the only variables significantly different in the group that developed infection were the need for vasopressor support, a surrogate for intraoperative hemodynamic instability, and RBC requirements. Nonetheless, these events can contribute to a worsened clinical

Table 3. Gram Stain Isolates by Time From LT

	First 90 Days After LT		From 90 Days After LT		TOTAL	
	n	%	n	%	n	%
Gram positive	53	51%	28	37%	81	43%
Gram negative	41	40%	37	49%	78	41%

course early after LT and are not necessarily related to graft quality or preclinical conditions. We could not find a similar description in the literature. Nonetheless, this hemodynamic instability can particularly affect the post-LT clinical course, including graft function. A higher RBC requirement also is described in the literature as a risk factor for infections after LT.

Regarding the clinical course after LT, patients with infections had a similar incidence of AKI, although they required renal replacement techniques more often. The need for dialysis is a known risk factor for the development of infections after LT, both bacterial and fungal. Although the AKI score was similar, it was slightly higher in patients who developed infection; more patients in this group showed more severe renal injury, requiring increased use of dialysis. The greater requirement of vasopressor support during surgery in this group may also be linked to the greater requirements in dialysis, thus affecting the clinical course after LT. Also, these patients had longer hospital stays but not in the ICU. This condition may reflect the above-mentioned facts, the time of occurrence of infection after LT (after ICU discharge), and dialysis requirement but can also be the consequence of more infections detected and resulting in delayed hospital discharge.

The occurrence of opportunistic infections is in accordance with that described in the literature [21]. Fungal infections appeared earlier, but other opportunistic infections appeared later [22,23].

Study Limitations

We could not access the donor's data, apart from the donation from FAP patients, a factor that did not influence the occurrence of infections. These data could be critical to understand or add new risk factors to those already known. In future studies, this fact may be a subject for separate analysis.

A large group of unknown isolates was found. Although cultures are requested frequently, and most often bacterial infection is suspected and the infection site is detected, the specific agent is not always isolated. Other diagnostic tools for infections, using molecular diagnosis, could be useful in these cases.

Most studies distinguish early and late infections after LT. We decided to provide full data, but also presented the mean time of occurrence of all infectious sites, so we assume that it would be easy to identify them. We also describe that gram-negative bacteria are more common in later infections, thus occurring later after LT.

CONCLUSION

In this retrospective study, we found a 41% prevalence of infection in a 2-year follow-up. The most frequent were undetermined infections, and most deaths were due to sepsis with multiorgan failure. Biliary tract infections were frequent, with a mean time of occurrence of 160.4 ± 167.7 days after transplant. More prevalent were Gram positive

bacteria, although Gram negative bacteria were more frequently isolated later after LT. The aminotransferase levels were higher in patients without infection, whereas dialysis requirement and hospital stay were higher in patients who presented with infections. Donor variables could not be assessed and deserve a separate analysis in future studies.

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